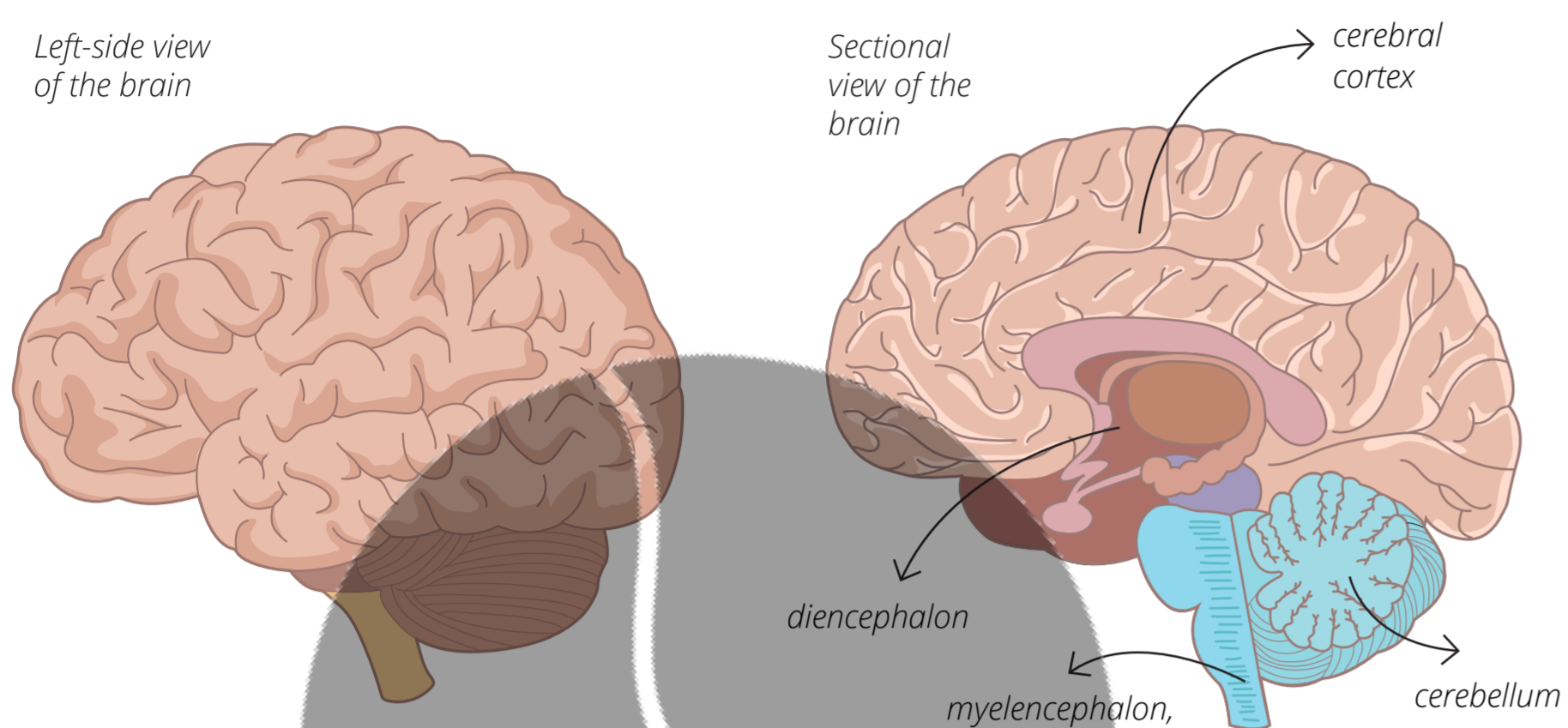


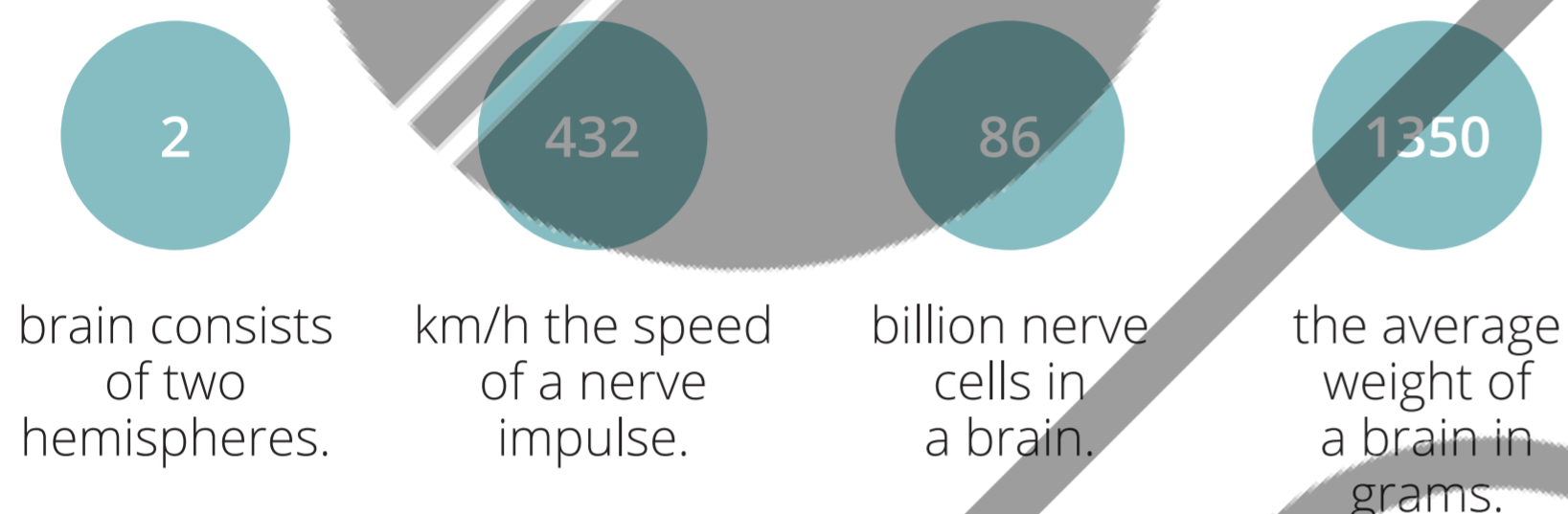
Stroke

Stroke is a cardiovascular disease representing a potential threat to your life. Learn with us, how to take care of your heart and brain and how to prevent the danger of stroke.

Brain

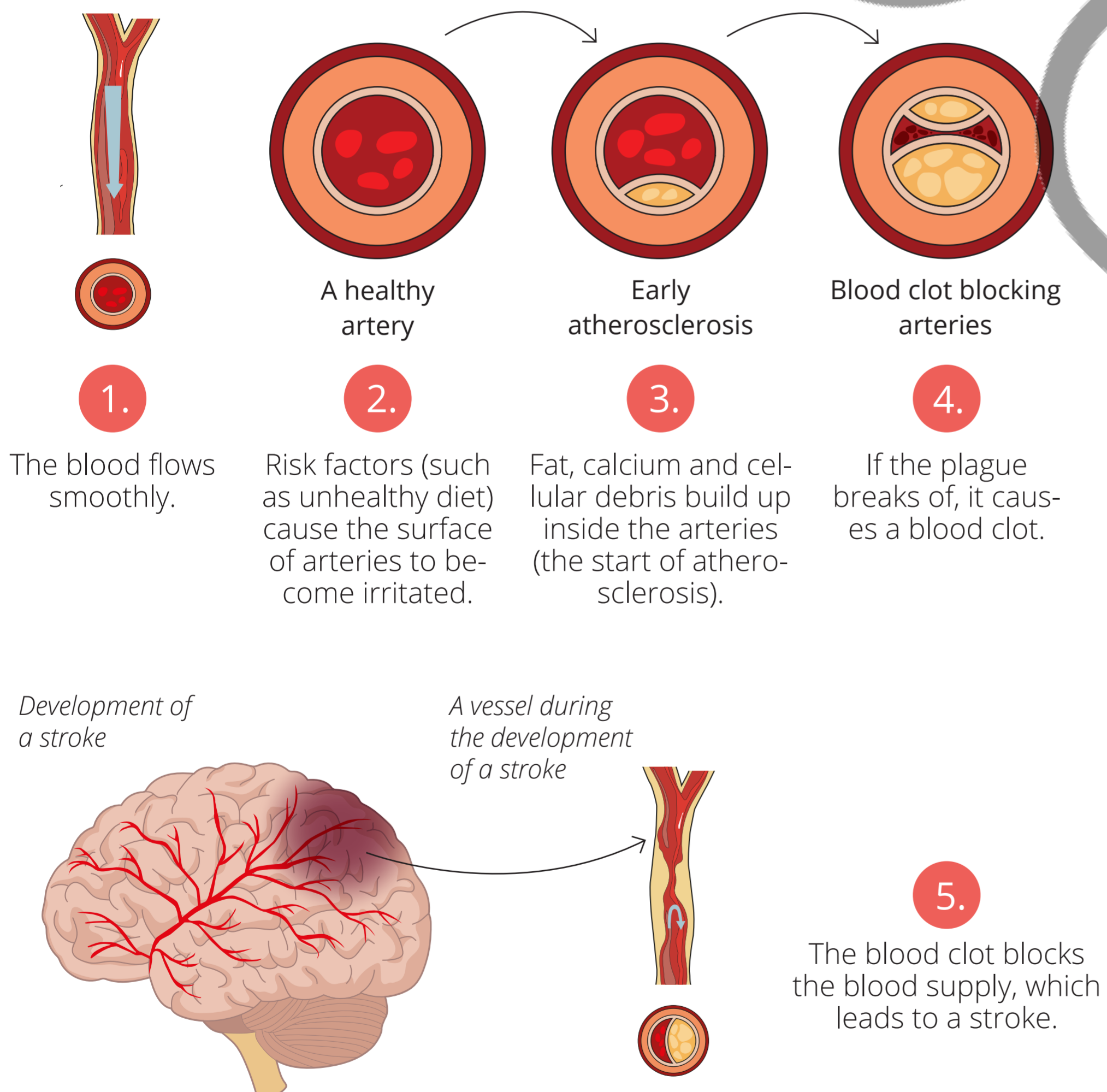


Brain in numbers



Stroke

Stroke is a state, during which an artery supplying brain with blood and oxygen becomes blocked. It's most often a result of atherosclerosis.



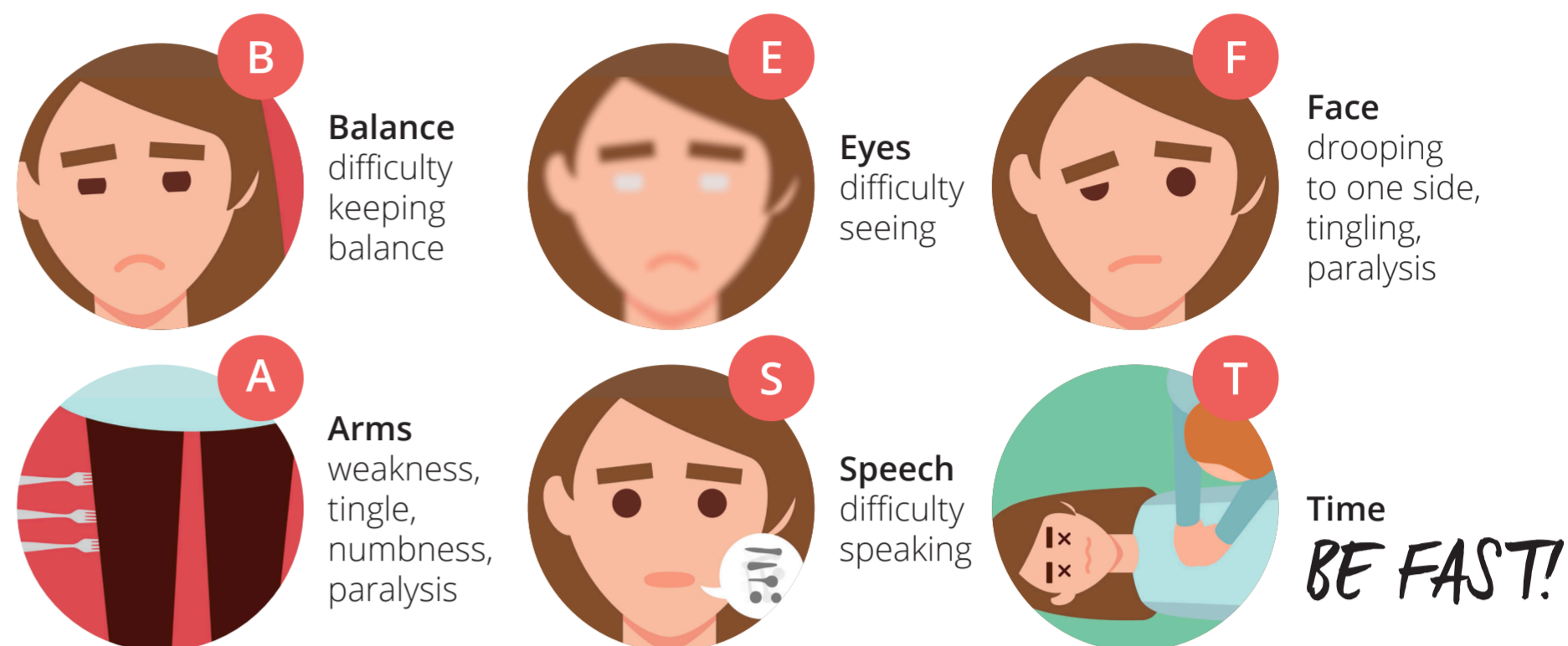
Want to know more?

More information about how to take care of your #boobsandballs, heart and reproductive organs, or where to go for a regular check-up at www.loono.cz/en.

Follow us on our social media @loonocz:

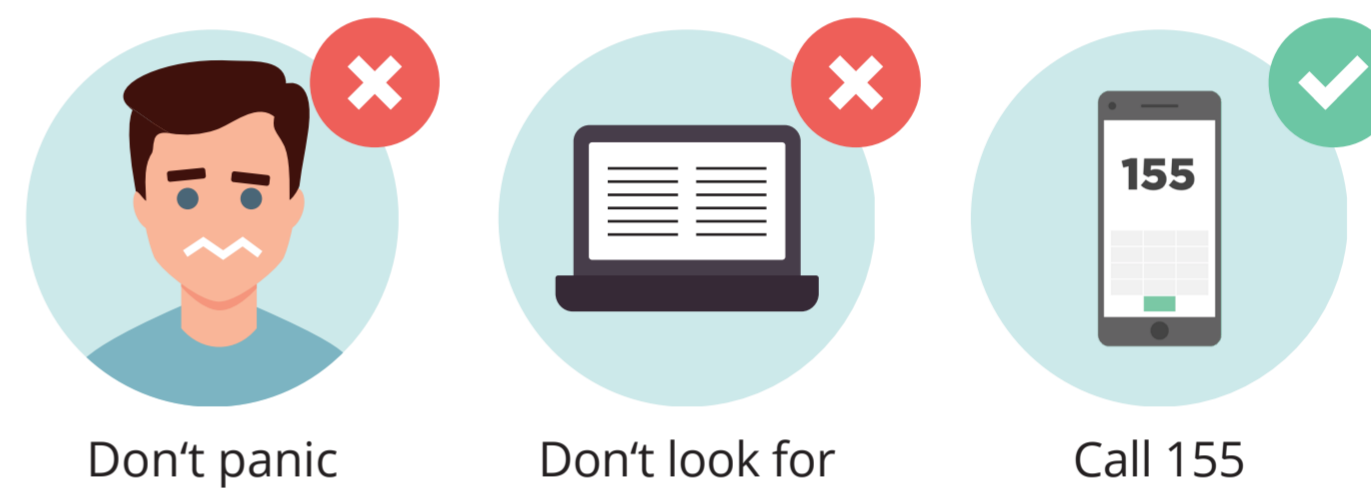


How does a stroke manifest itself?



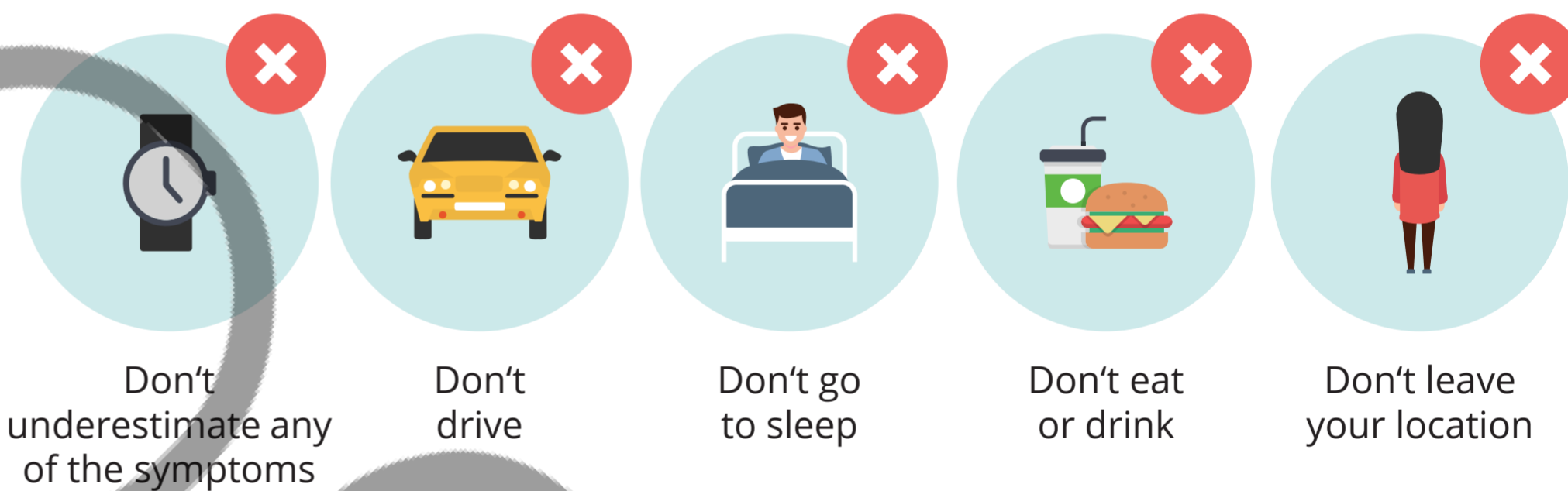
What to do...

...if you experience any of these symptoms, or if you see someone experiencing them?



The operator on the line will guide you through the process and finds the best possible advice for your situation.

What to avoid?

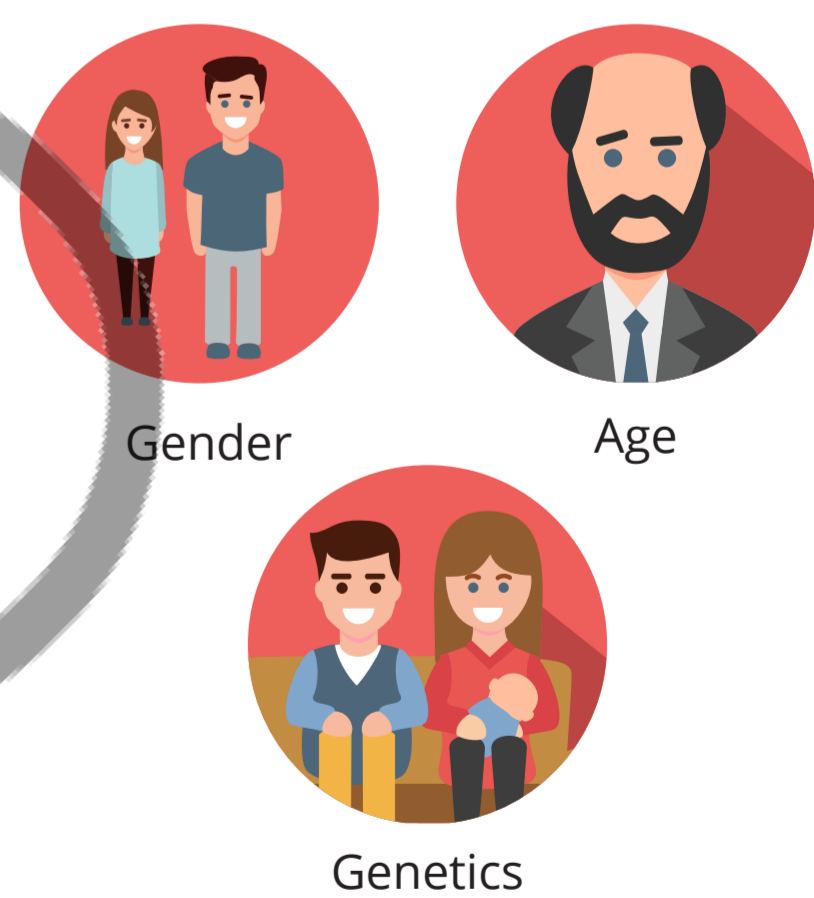


How to prevent a heart attack?

Preventable factors:



Non-preventable factors:



Go to your doctor at least once every 2 years for a regular check-up. If someone in your family had a heart attack or stroke, tell your doctor.

Test your knowledge at bit.ly/PreventionTest



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