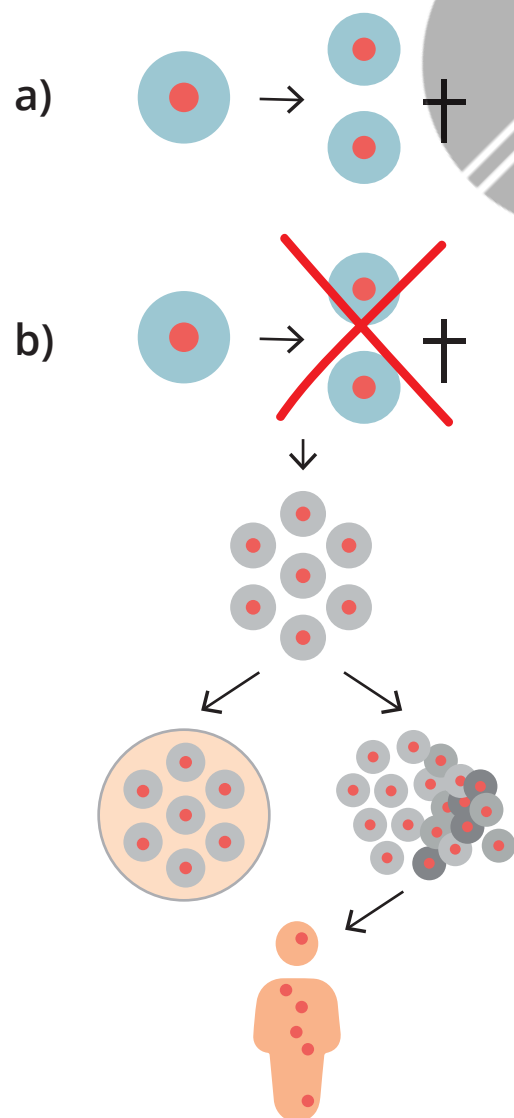


What is cancer?



Malign

Benign

Metastasis

What are the symptoms of cancer?

Weight loss

Nausea, sickness

Loss of appetite

Lumps

Pain

Specific symptoms

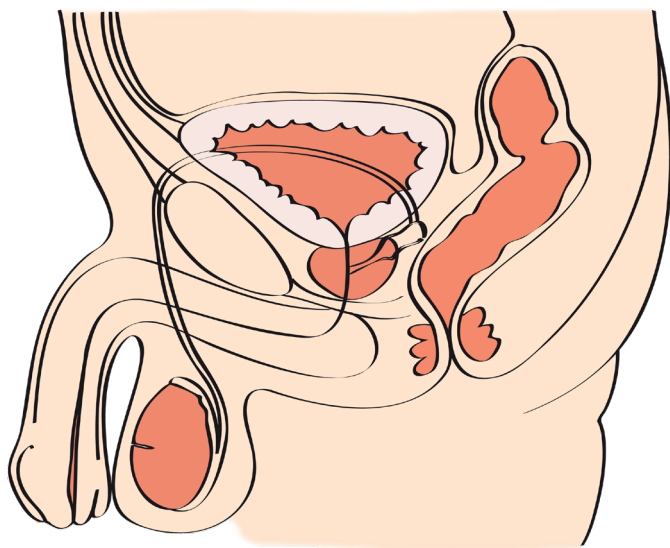
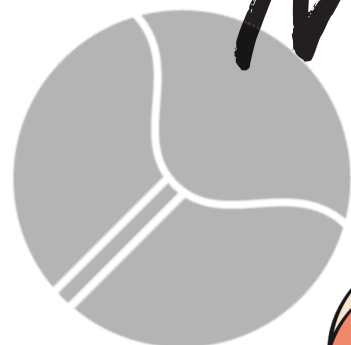
Specific symptoms

- Jaundice
- Bleeding
- Vision defects
- Headaches
- Diarrhea
- Constipation
- Cough
- Fractures

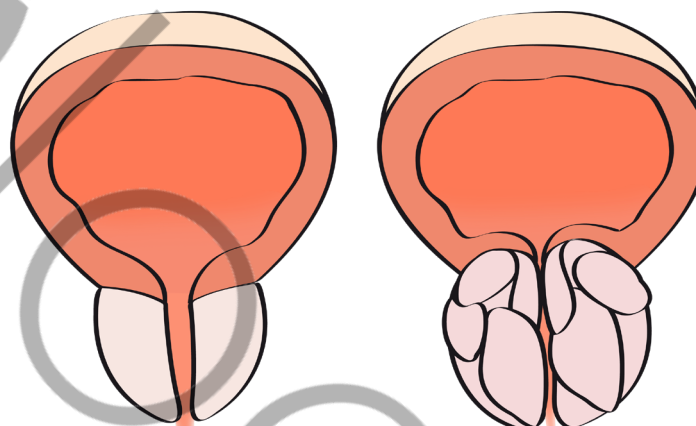
Anything unusual

Male health

MALE PELVIS



PROSTATE



Healthy prostate

Unhealthy prostate

Symptoms of a prostate disease

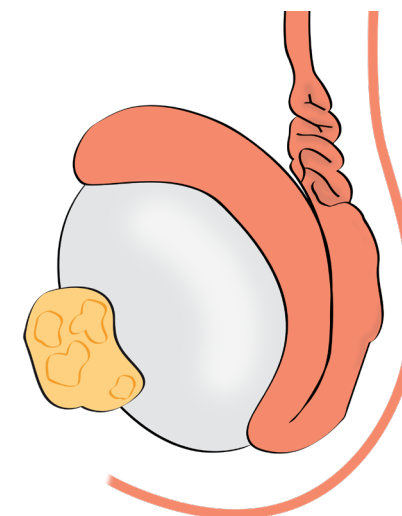
Urinary distress

Blood in urine



- Intermittent
- Frequent
- Painful

TESTICLE



Symptoms of a testicular disease

Lump

Swelling

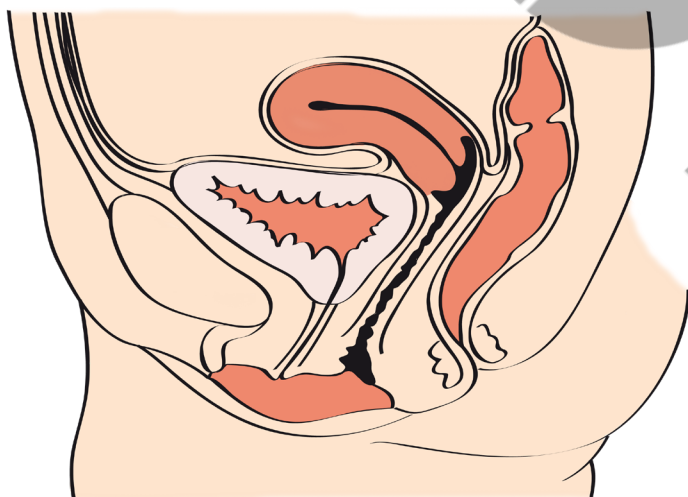
Enlargement

Pain

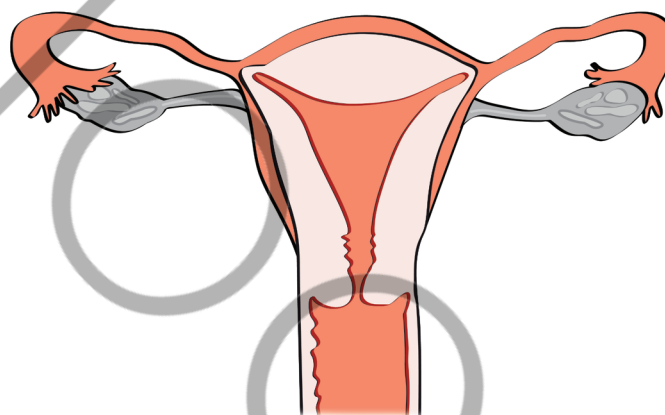
Female health I.

GYNECOLOGICAL PART

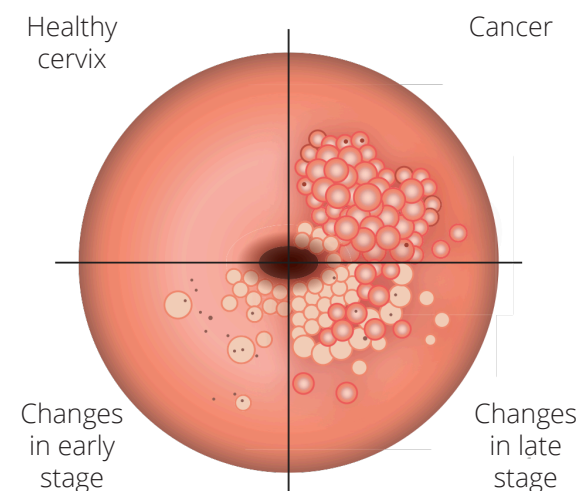
FEMALE PELVIS



UTERUS



CERVIX

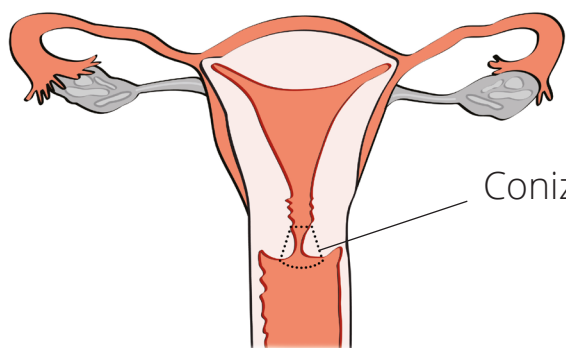


Symptoms of a uterus/ovarian disease

Bleeding after menopause

Irregular menstruation

Bloody discharge



Conization

HPV

6

11

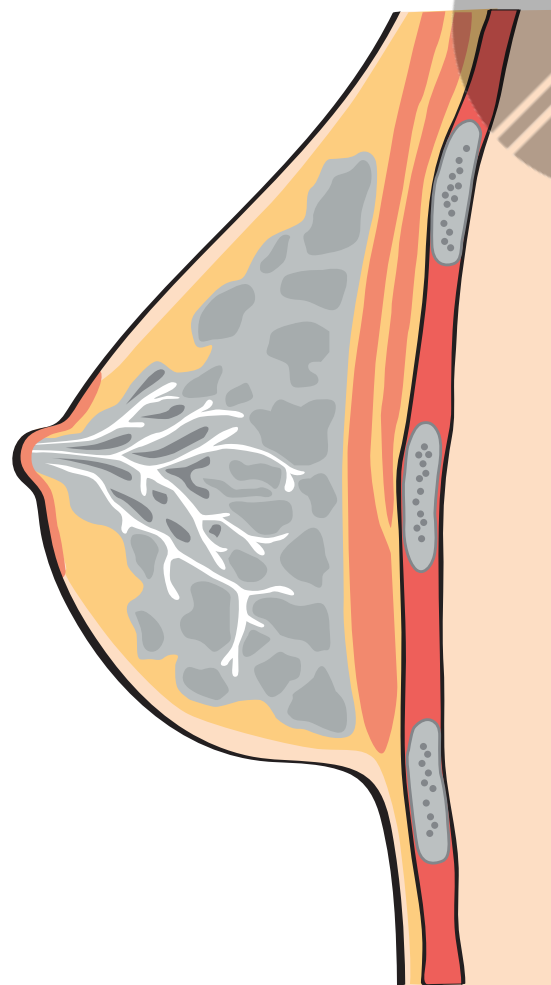
16

18

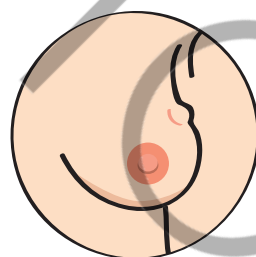
Cervarix, Silgard, Gardasil 9

Female health II.

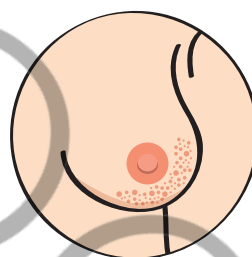
BREAST



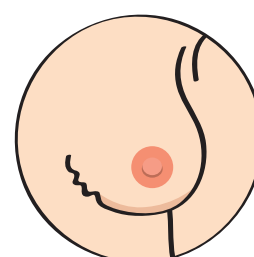
Symptoms of a breast disease



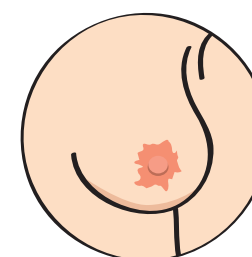
Lump



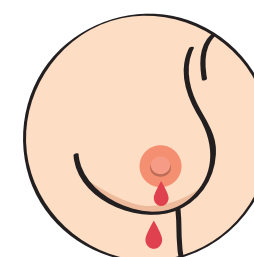
Skin changes



Breast shape changes

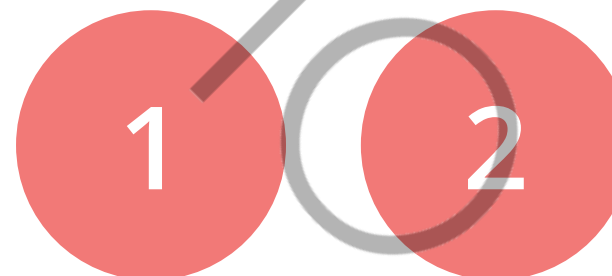


Nipple shape changes



Nipple discharge

BRCA



What to do if...

Don't
panic

Don't
be shy

Don't
look
online



Immediately

visit your gynecologist or GP. They will issue a request form for a special screening. Make an appointment at an accredited mammography center.

You can find the list of mammography center at www.mamo.cz



Immediately

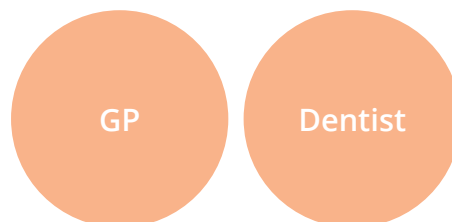
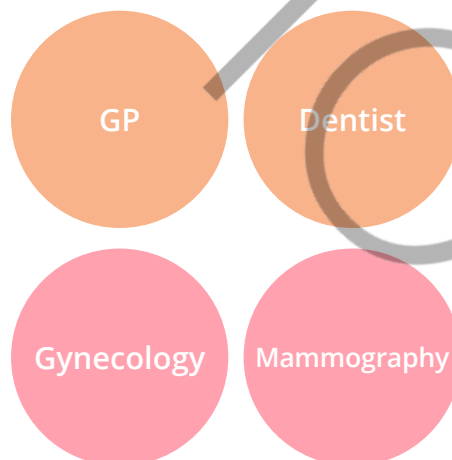
visit your urologist or GP. They will take care of further examination.

When making an appointment with your doctor, do not forget to mention you have discovered some changes. It will speed up the appointment process!



Preventive check-ups

Which preventive check-ups should we go to?



GP

- A preventive check-up once every two years
- At the age of 19, switch from a pediatrician to a GP for adults

Before the appointment

Blood tests (blood sugar, cholesterol)

During the appointment

1. Patient history
2. Physical examination
3. Blood pressure, BMI, vision, hearing, birthmarks
4. Current vaccinations

Dentist

A preventive check-up twice a year

Gynecology

- A preventive check-up once a year
- Colposcope examination
- Cervical smear
- Sonography (ultrasound examination)

Mammography

- Regardless of age
- Under the age of 40 - sonography
- Over the age of 40 - mammography
 - 1 mammography examination in two years is paid by health insurance

Self-examination #boobsandballs



Every month

Look

Touch