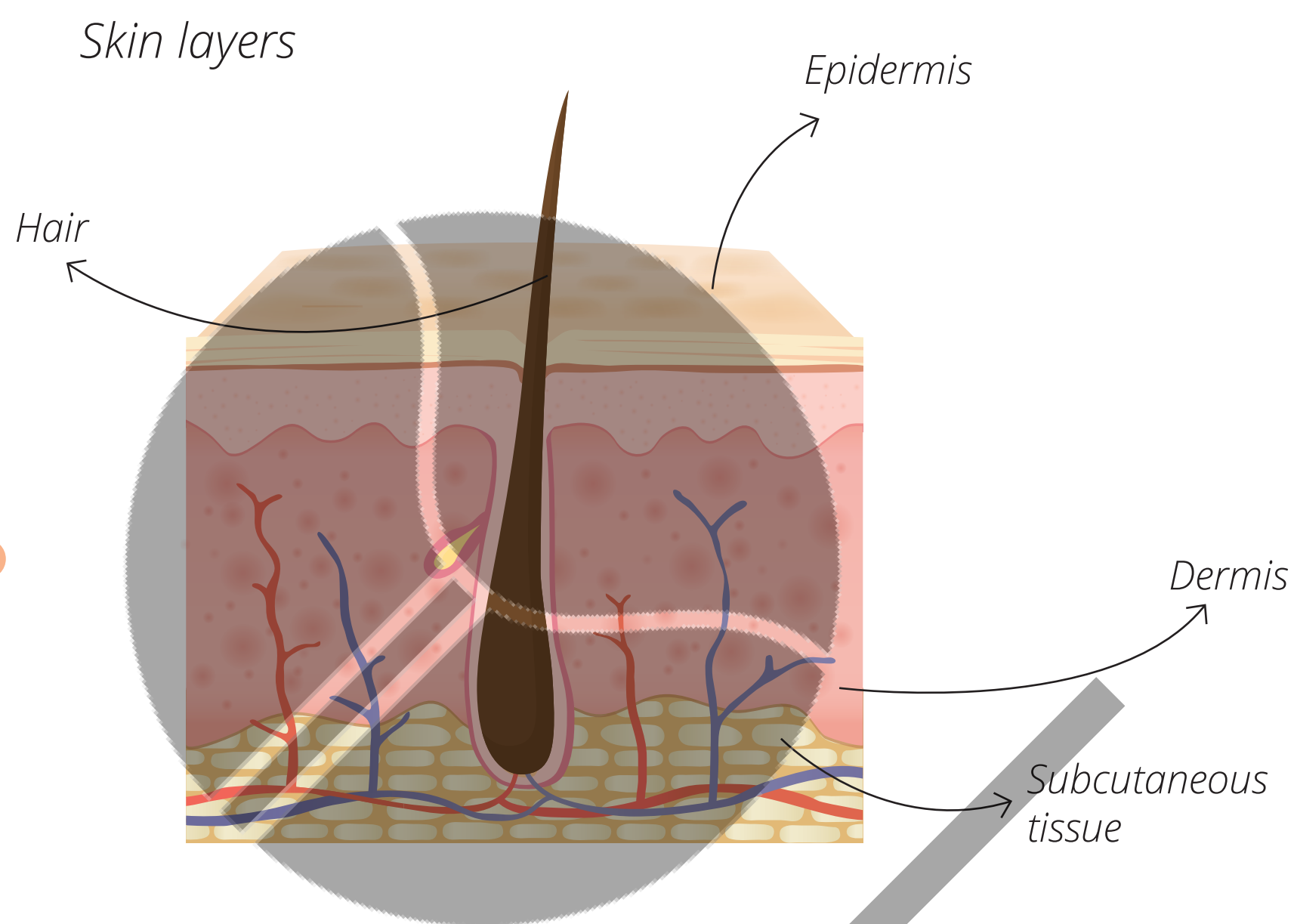


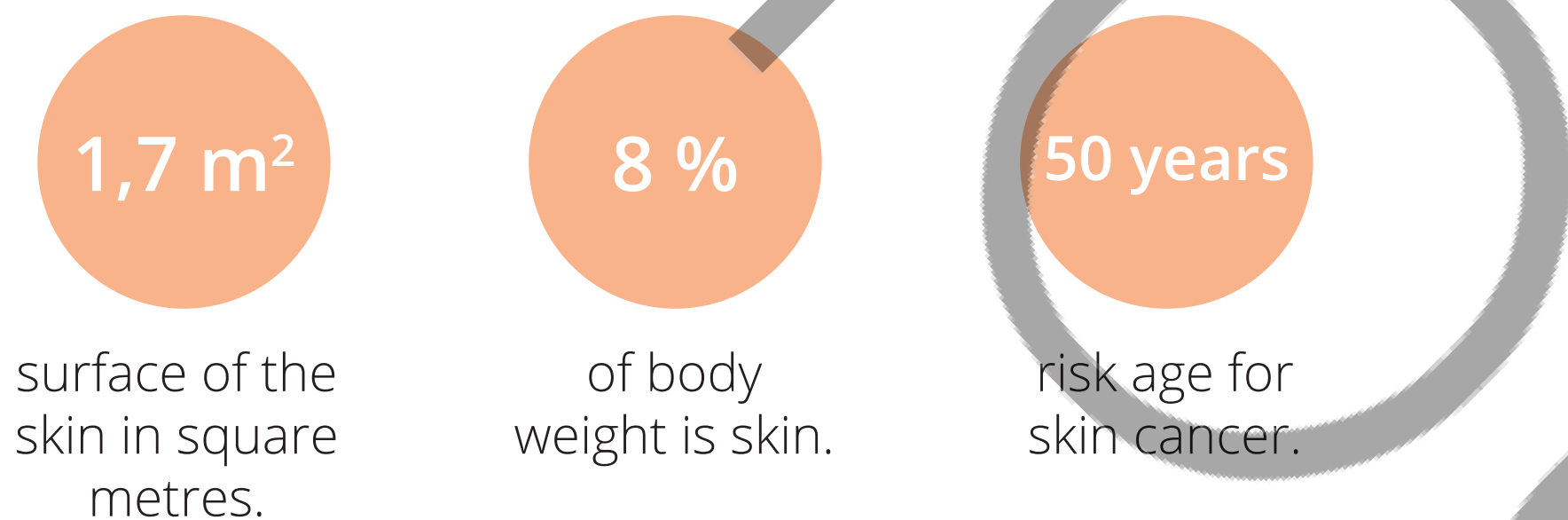
Skin

Skin is the largest organ of your body. It protects you from cold, various infections and last but not least UV radiation. It also serves a major role in production of vitamin D. Learn with us how to take care of your skin and how to prevent cancer.

What layers does skin have?



Skin in numbers:



What are the skin functions?

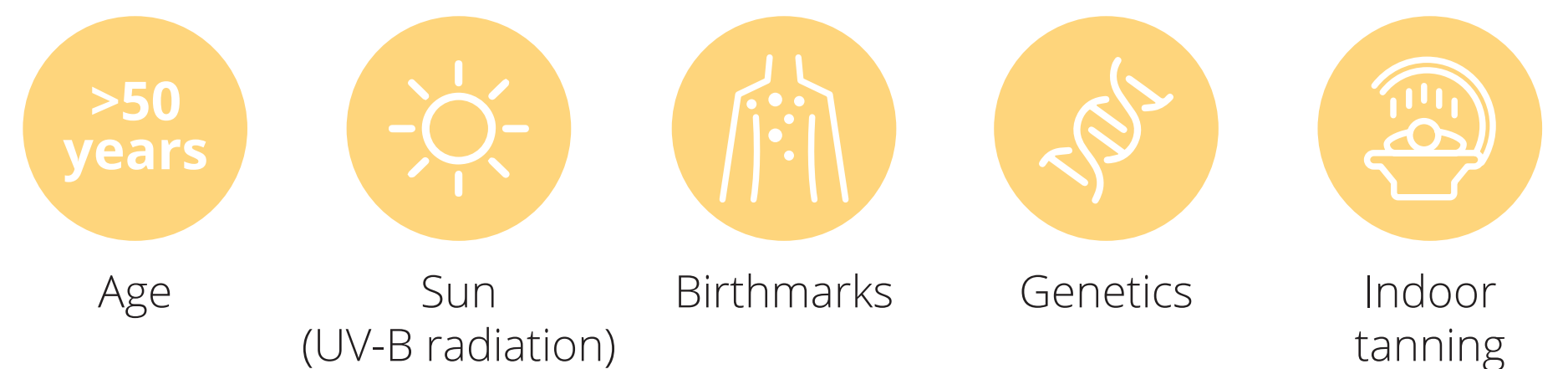
Defence	Skin protects the body from microorganism and infection.
Thermoregulation	Body temperature is regulated by sweating.
Sense	Skin receptors react to pressure, pain, heat or cold.
Secretion	Sweat carries away redundant substances and waste.
Storage	Subcutaneous tissue stores fat and fat-soluble vitamins.
Resorption	Fat-soluble substances are absorbed through skin.

Skin cancer

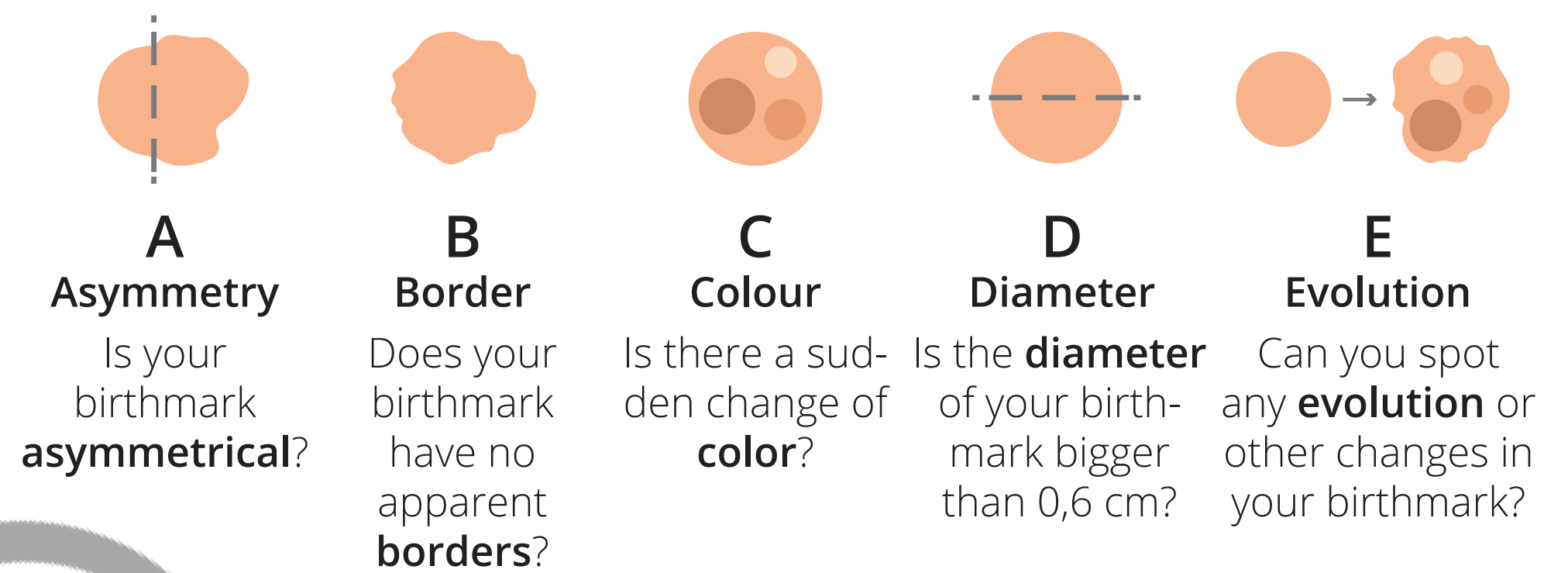
What is cancer?

You can imagine cancer as an “out of control” cell multiplication, which can occur in any organ of your body. This affected organ can then grow and push other organs out of their location or even lose its function.

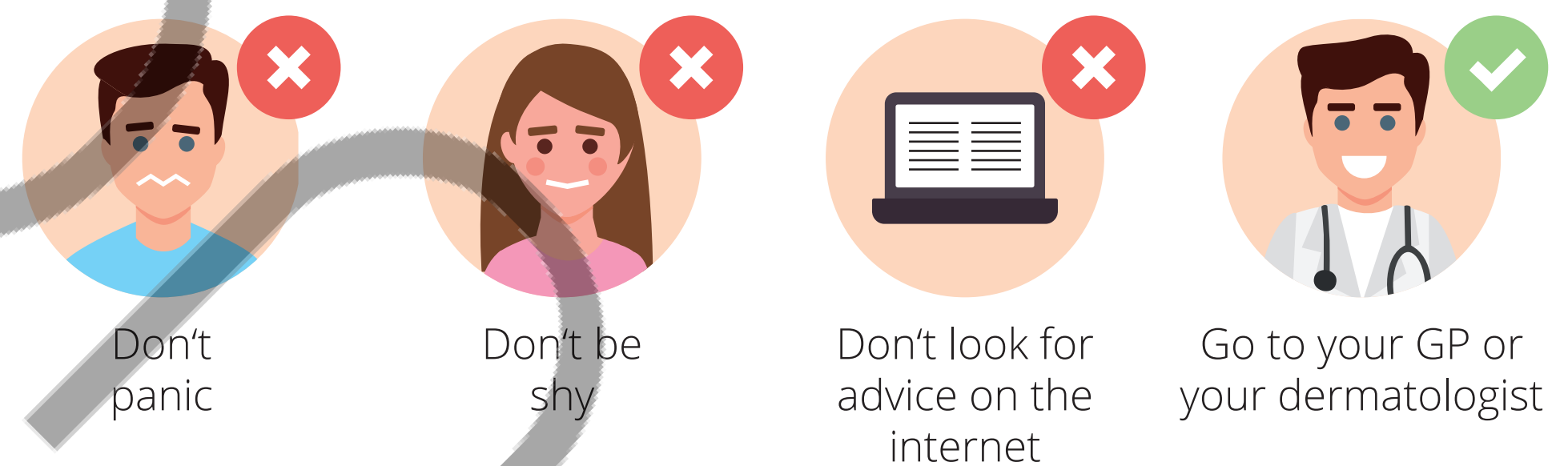
What are the risk factors for skin cancer?



How does skin cancer manifest itself?

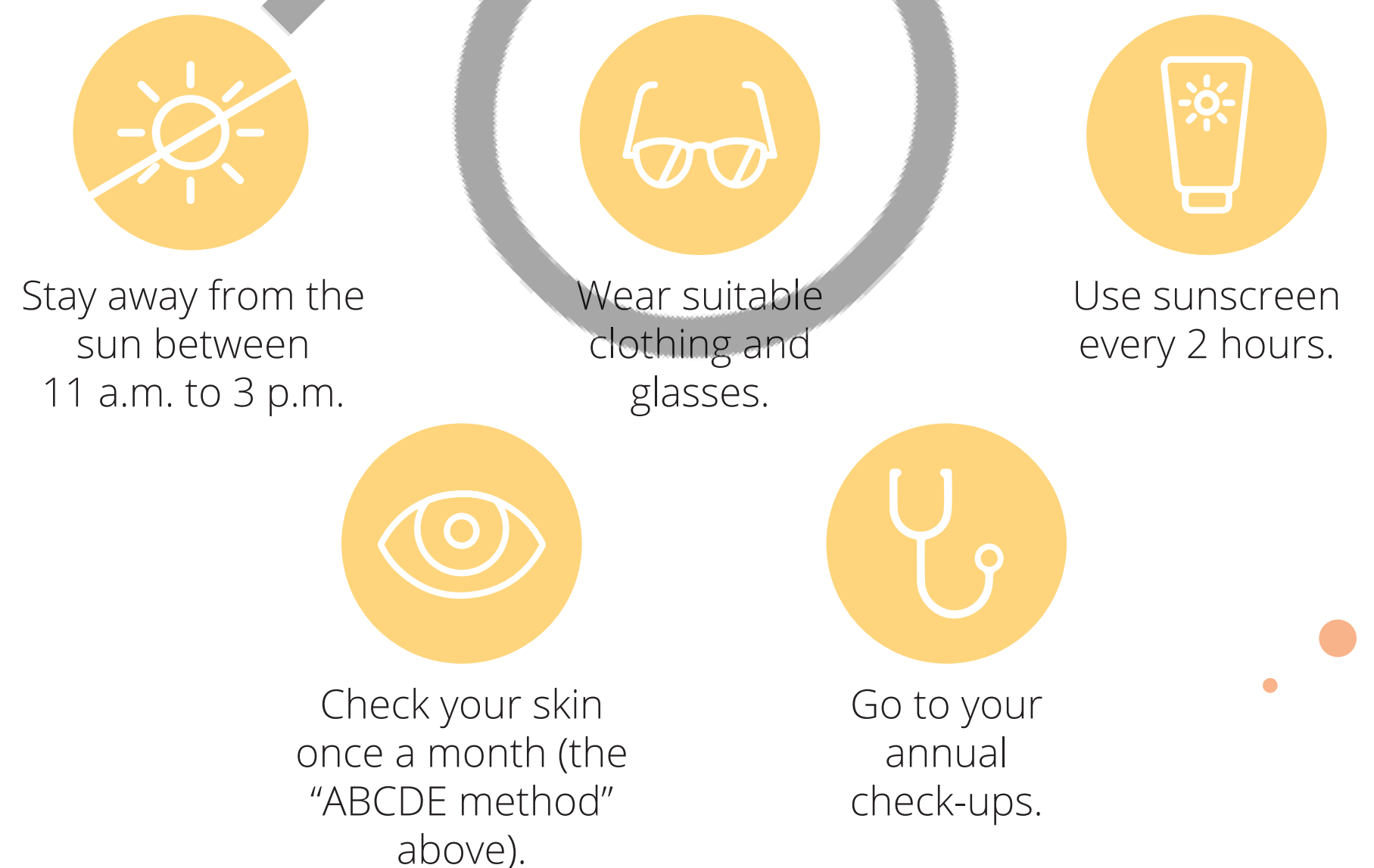


What to do when you detect some of the changes above?



💡 Skin cancer manifests mostly around the age of 60.

How to prevent skin cancer?



Want to know more?

More information about how to take care of your #boobsandballs, heart and reproductive organs, or where to go for a regular check-up at www.loono.cz/en.

Follow us on our social media @loonocz:



Test your knowledge at bit.ly/PreventionTest



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