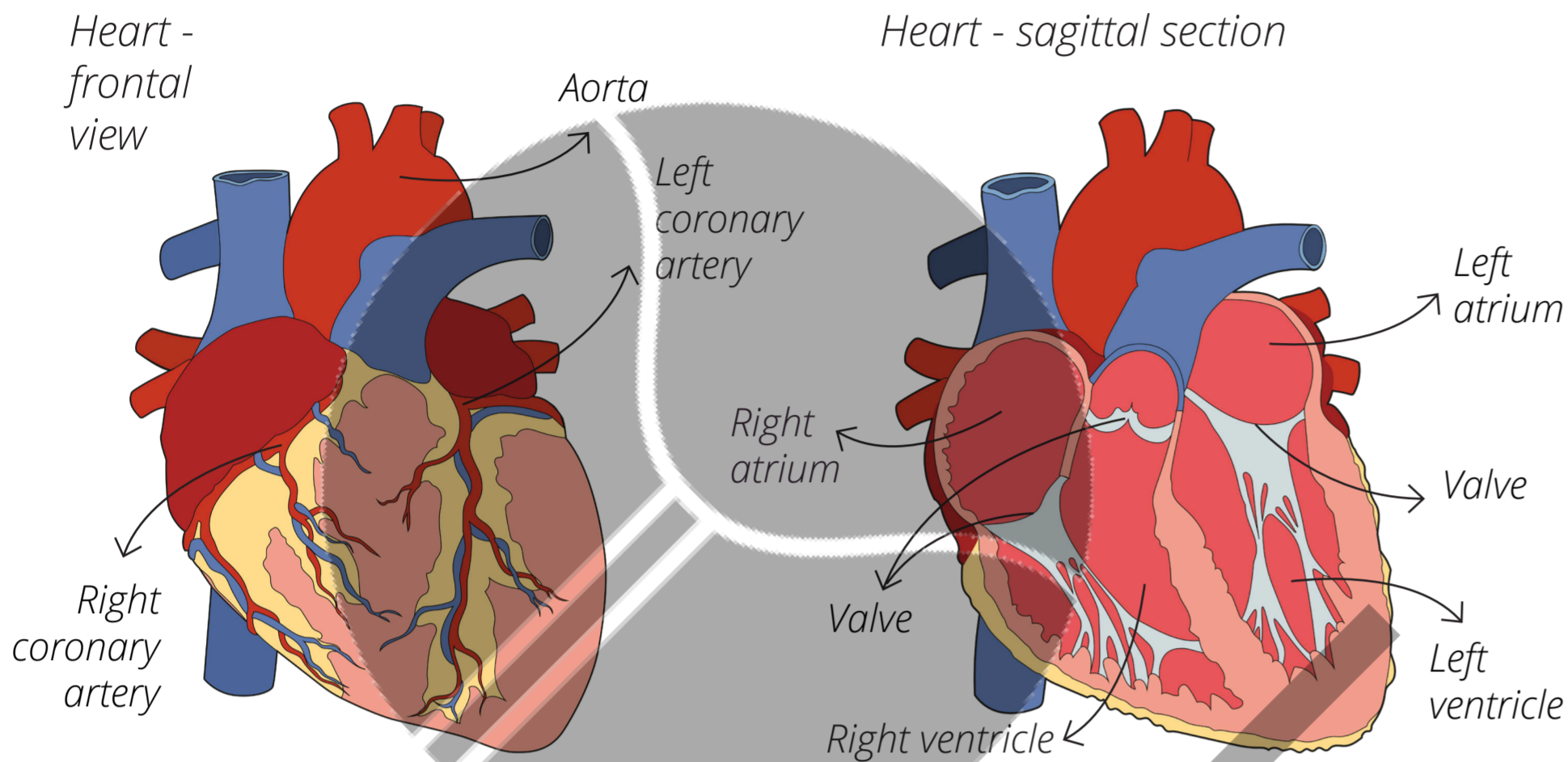


Heart attack

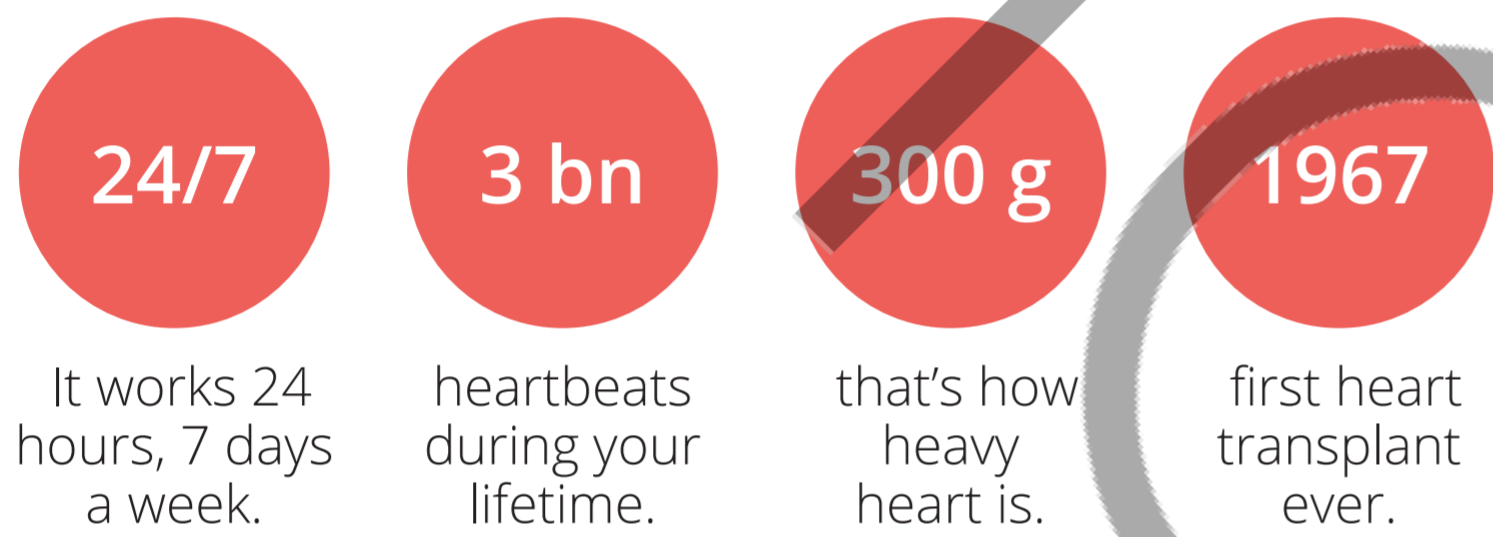
Heart attack is a cardiovascular disease representing a potential threat to your life. Learn with us, how to take care of your heart and how to prevent the danger of heart attack.

Heart

The heart is an organ placed on the left side inside of your chest, behind the clavicle. The primary task of this remarkable muscle is to pump blood to lungs and to the rest of the body.

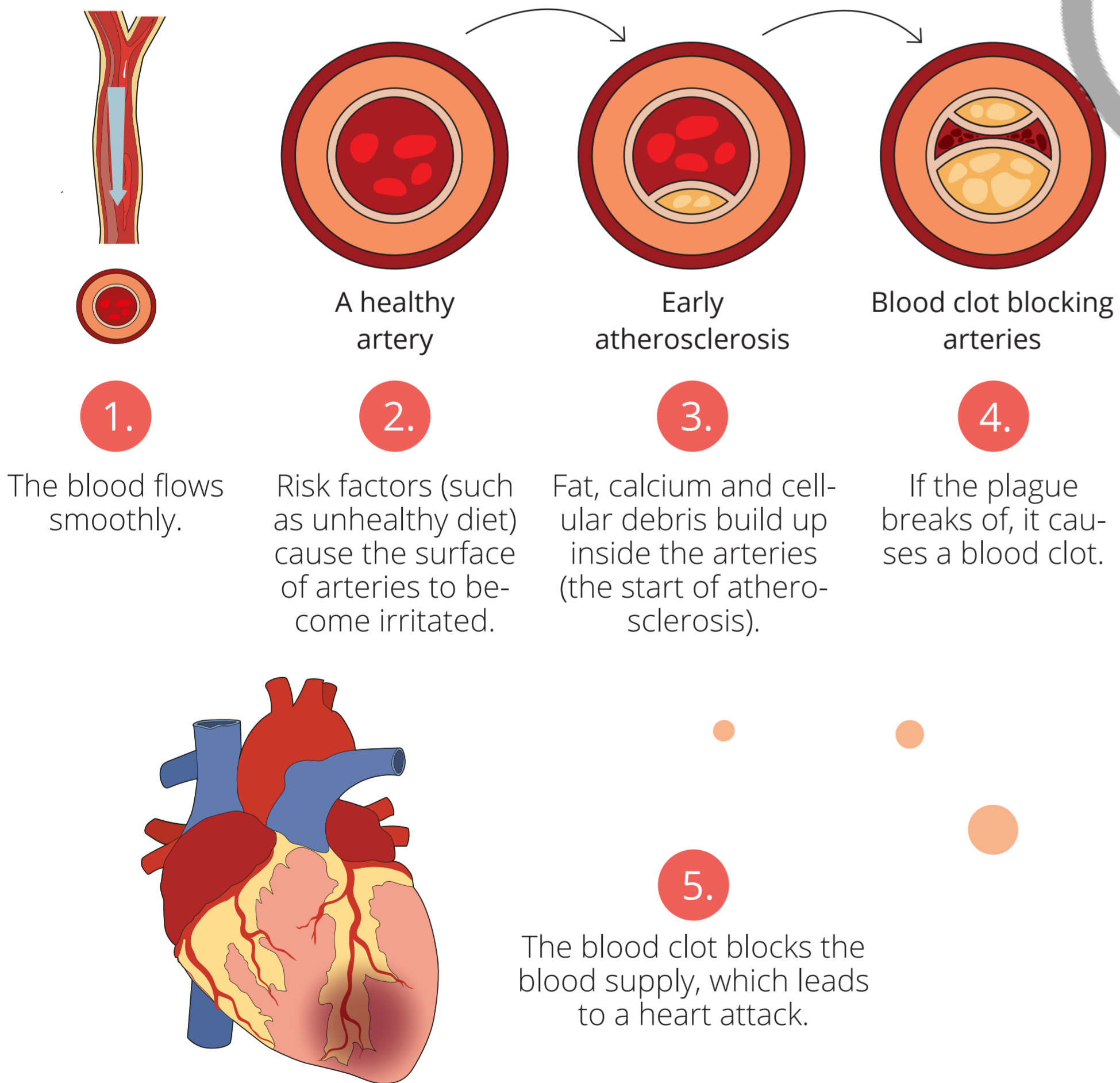


Heart in numbers



Heart attack

Heart attack is a state, during which an artery supplying heart with blood and oxygen becomes blocked. It's most often a result of atherosclerosis.



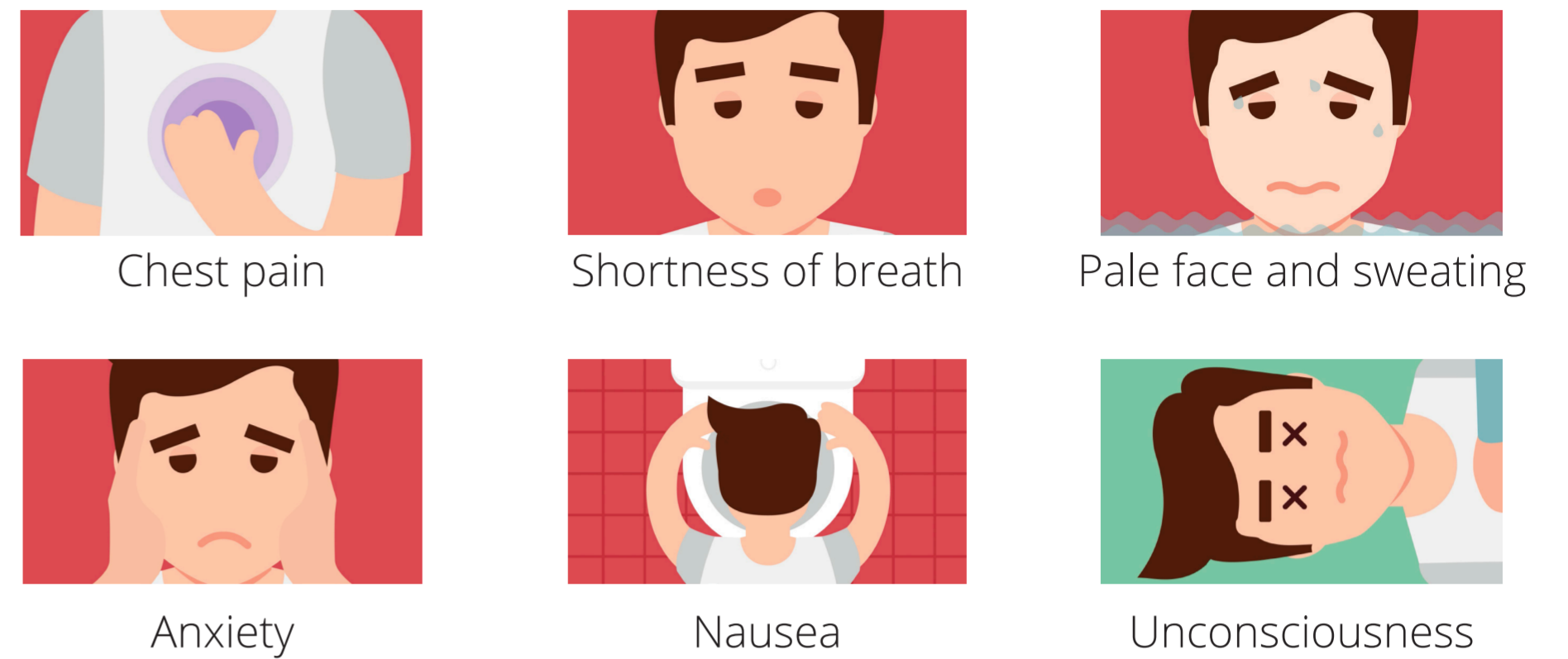
Want to know more?

More information about how to take care of your #boobsandballs, heart and reproductive organs, or where to go for a regular check-up at www.loono.cz/en.

Follow us on our social media @loonocz:



How does a heart attack manifest itself?



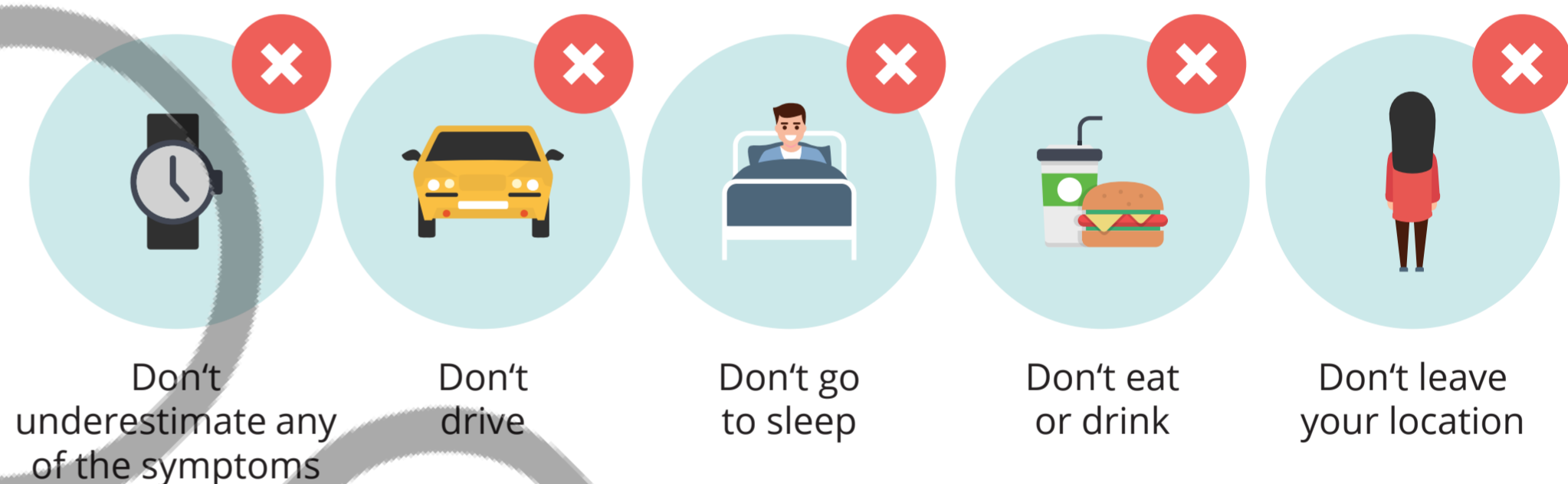
What to do...

...if you experience any of these symptoms, or if you see someone experiencing them?



The operator on the line will guide you through the process and finds the best possible advice for your situation.

What to avoid?

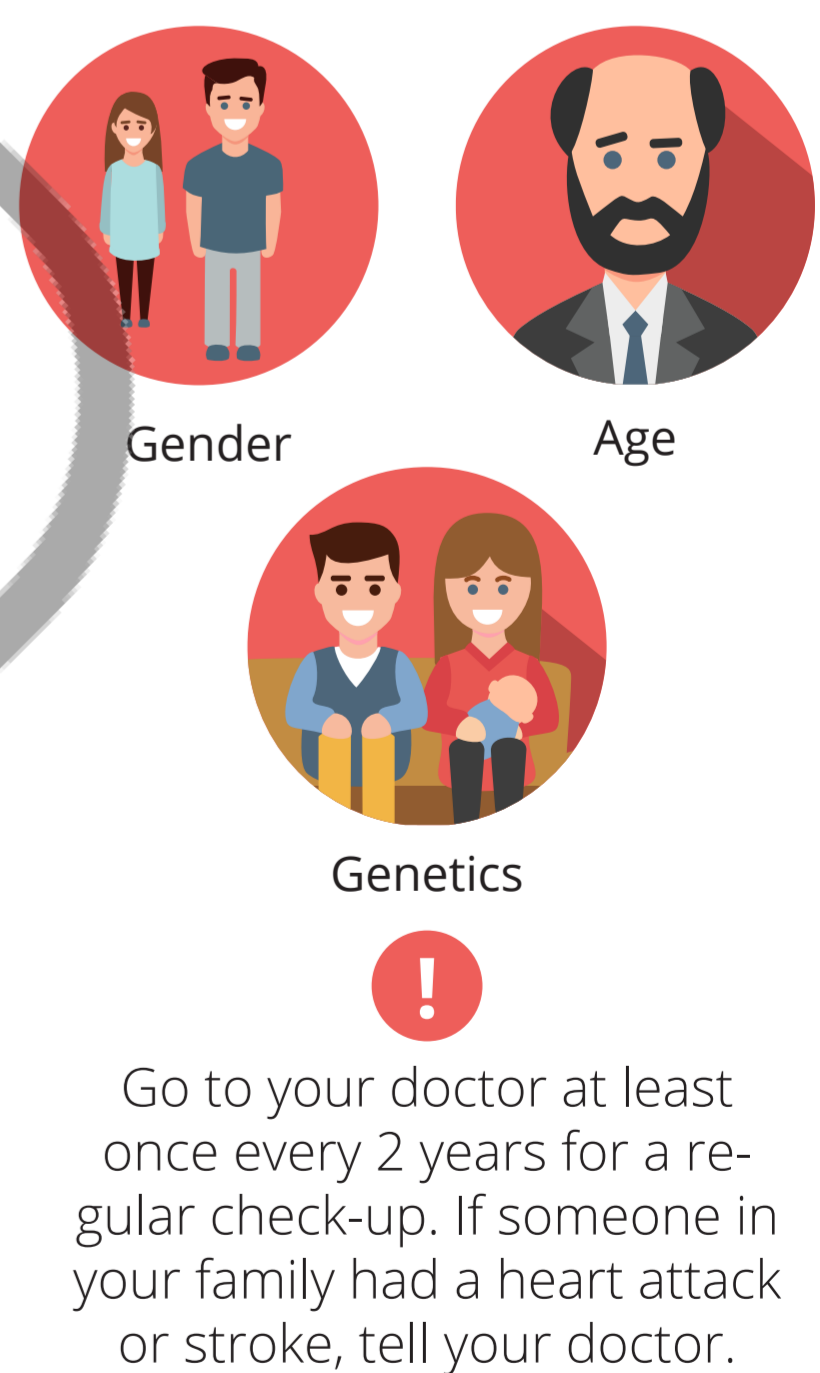


How to prevent a heart attack?

Preventable factors:



Non-preventable factors:



Test your knowledge at bit.ly/PreventionTest



This project was funded by the financial support of the Ministry of Health of the Czech Republic

